

The TUCKERBOX



MENU



OUR HOURS:

TUES-FRI: 9AM-2PM

RECESS 11:10AM-11:30AM

LUNCH 1:15PM-2PM

EMAIL:

fpstuckerbox@outlook.com

Manager: Tammy Coady

SANDWICHES

Vegemite/Honey/Jam

\$2.00

Cheese

\$2.50

Ham/Chicken

OR extras add \$0.50

\$3.00

Ham/Chicken + Salad

Carrot, beetroot, lettuce, tomato, cucumber, cheese

\$5.00

Wrap/Roll

add \$1.00

Toasted/GF Bread

add \$0.50

SALADS

Quiche & Salad

Lettuce, tomato, cucumber, beetroot, cheese

\$6.00

Garden Salad Tub

Lettuce, tomato, cucumber, carrot, beetroot & cheese

Add Chicken, Ham or Tuna \$1.00

\$5.00

Rice Paper Rolls

2 x rice paper rolls (lettuce, chicken, cucumber, capsicum, carrot, vermicelli noodles) served with Sweet chilli or Soy sauce

\$6.00

Chicken Caesar Salad

Cos lettuce, parmesan, crouton, diced bacon & chicken.

\$6.00

HOT FOOD

Sweet Chilli Chicken Wrap

\$5.50

Spaghetti Bolognese

Homemade

\$5.00

Lettuce Nacho Tub GF

A healthy nacho option- mince cooked with a tomato base and served on chopped lettuce then topped with sour cream, corn chips and grated cheese.

\$5.00

Chicken Burger

Chicken patty, lettuce & mayo

\$5.50

Chicken Sticks (6)

\$4.50

Pizza

\$4.00

Meat Pie

\$4.50

Sausage Roll

Beef OR Spinach & Ricotta

\$4.00

Chicken Stick Wrap

Chicken sticks served in a wrap with lettuce & mayo

\$5.50

Cheese Burger

Meat patty, cheese & your choice of sauce

\$4.50

Hamburger

Meat patty, cheese, tomato, lettuce and beetroot with your choice of sauce

\$5.50

SAUCE: Bbq, Tomato, Mayo, Sweet Chilli, Italian or Caesar dressing \$0.50

Orders can be placed via the school lunch baskets or the Flexischools App (order cut-off 9am).
The Tuckerbox is run by the P&C - Volunteers always welcome.

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DRINKS

Juice Poppa

Apple,
Apple&Blackcurrent, Orange

\$2.50

Bottled Water

\$2.50

Flavoured Milk - SML

Chocolate, Strawberry

\$3.00

Flavoured Milk - LRG

Chocolate, Strawberry

\$4.00

Juice Bomb Sparkling Fruit Juice

Blackcurrent, Orange
Passio, Apple Cola, Grape

\$3.00

Warm/Cold Milo

\$2.00

UNIFORM ITEMS

Grey School Shorts	\$20.00
School Hat	\$15.00
Summer Dress	\$45.00
Winter Tunic	\$55.00
Gaberdine Skort	\$25.00
FPS Woolerina Jumper	\$68.00
V-neck Jumper	\$40.00
FPS Winter Jacket	\$45.00
Microfibre Trackpants	\$29.00
Re-usable Lunch Wallet	\$12.00
FPS Unisex Polo	\$25.00

SNACKS

Mixed Fruit Cup/Veggie cup

\$2.00

Veggie Cup + Dip

2.50

Piece of Seasonal Fresh Fruit

\$1.00

Yoghurt cup with fruit

Vanilla or Strawberry Yoghurt - GF

\$2.50

Popcorn

Gluten Free

\$1.50

Jelly Cup/Chocolate Mousse

\$1.00

Garlic Bread 1/2 sub

\$2.00

Red Rock Deli Sea Salt Chips

\$2.00

Monster Snacks

Cheerio's, Milo, Nutri-grain

\$0.50

Noodle Cup

\$2.00

Open Quarter Toasty

Ham/Chicken & Cheese

\$0.50

FROZEN ITEMS

Quelch Ice Block 99% real fruit juice - Apple, Apple&Blackcurrent, Raspberry, Strawberry	\$0.50
Ice Morny Triangle 65ml Red berry, Blue Raspberry, Lemon ice	\$1.50
Twisted Yoghurt GF Frozen yoghurt cup - Gluten Free. Chocolate, Strawberry	\$2.50
Snapstix Made from 99% real fruit juice	\$1.00
Cool Crush A crushed ice treat made from 99% real fruit juice, Blueberry, Strawberry, Apple&Blackcurrent, Orange&Mango	\$2.50