



Issue No 16 2019

23 October 2019

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Megan Staples  
Principal

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# Forbes Public School Newsletter

*"Maintaining A Tradition of Excellence"*



It was wonderful to see so many happy faces when we returned to school for Term 4.

*Our school grounds certainly make our school a wonderful place to learn and play.*

We dived straight into providing positive opportunities for our students during the first week back. Last Thursday, our Stage 2 and 3 Leadership Day, proved to be another successful day of activities, that promoted responsible, fair minded, positive and caring mindsets amongst our primary students.

Stage 3 swimming for sport was also a huge hit amongst staff and students who enjoyed their time at the Forbes Pool last Friday. Swimming is a skill for life and I am proud that we are able to offer it as part of our school sporting program.

Infants sporting clinics started this week and will continue throughout the term, with students in years K-2 enjoying a variety of fun filled Fundamental Movement skill sessions with Jeff from Gecko Sport.

Our Primary students were entertained by a visiting high school music class from Canberra who have been travelling around the region talking about the different types of instruments they use as they perform to inspire music in others.

Our Kindergarten Orientation day on Tuesday was a wonderful way to welcome new and returning parents of next year's kindergarten students. Kinder Start commences next week and we look forward to welcoming these students and families into our school.

There are so many opportunities for our students to engage in throughout the term so please ensure you are following our Newsletters, App and Facebook page for any information. No question is a silly question, so please don't hesitate to contact the school for further information or with clarifying questions regarding the many opportunities, events and activities set for what I am sure will be both a very busy, but wonderful term!

Have a great fortnight

Meg Staples  
Principal

## State Athletics

Harry Stewart, Reece Matheson, Louie Hodder, Laura Chudleigh, Ruby Coote, Indigo Francis, Audrey Walker and Ellie Pointon are off to the State PSSA Athletics Titles at Homebush Bay in Sydney on Wednesday, 6th and Thursday 7th November 2019.

Best of luck. We are sure your training will pay off. We are so proud of you all for your effort so far.



**The following students have filled their rewards sheet and will be awarded a Principal's Pen or Pencil.**

#### **KN**

Abby Lee  
Layla Phillips  
Zara Alghamdi

#### **KW**

Millie Male  
Finley McCleary  
Ella-Rose Wright  
Grace Cooper

#### **1B**

Bethany Baxter  
Indy Maynard  
Lucy Cutrupi

#### **1L**

Tilly De Mamiel  
Russell Barham  
Lexi Millerd  
Josie Watson  
Indigo Radburn

#### **2A**

Sophie Henry

#### **3A**

Wade Goldsmith  
Shane Moxey  
Drake Steele  
Hannah McCann

Chloe Walker

Ava Rosser

Indi Francis

Jackson Beaudin

Laine Jackson

Stella Bull

#### **3H**

Annabelle Dwyer

#### **4K**

Millie Crowley  
Ellie Pointon

#### **5/6G**

Nick Zannes  
Louie Hodder  
Marcus Colvin

#### **6D**

Matt Higgins

#### **Afternoon Tea**

Our Term 3 Blue and Gold Banner recipients enjoyed afternoon tea with Ms Staples, their parents and their teachers at the end of last term.



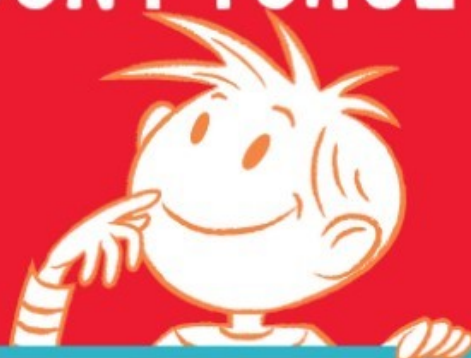
Buy a book from

**SCHOLASTIC**

**Book Club**

to help build  
our classroom  
resources

**DON'T FORGET!**



**SCHOLASTIC**

**Book Club**

orders are due:

**October 30th**

**SCHOLASTIC**

**Book Club LOOP**  
for Parents

**LOOP** is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**





### Stage 3 Swimming for Sport

This term all Stage 3 students have the opportunity to do swimming for sport.

The students walk to the pool from school and are divided up into groups to do some swimming skills and have fun with the equipment.

Sport is designed for fitness and fun and the students get both of these qualities with the warmer weather approaching. The children are developing their fitness and skills in the water and will continue for the next 5 weeks until swim school begins.

### Go4Fun Online

Is your child...

- Aged 7-13 years old?
- Above a healthy weight
- In need of support to improve eating and activity habits

Go4Fun Online is a FREE 10 week program that helps children and families improve their eating and physical activity habits. There are 10 online sessions and a weekly phone call from a trained and qualified coach to help keep you on track.

Go4Fun online is for families in NSW who are unable to attend the face to face version of the program.

Get involved and start collecting your weekly tokens and prizes

To register or find out more:

1800 780 900

<https://go4funonline.com.au/>

#go4fun #go4funonline

### Kindergarten Excursion

Payment for the Kindergarten Excursion is due next Tuesday, 29 October.

Please send your child's permission note and money to your child's class teacher.

Payment can also be made online via our website or at the school office. EFTPOS is available.

### School Assembly

**Our next Whole School Assembly will be held this Friday, 25 October and will be hosted by 1B.**

### Squash

On Monday, 21 October Jono Webb and Jackson Beaudin represented Forbes Public School in the Blackstock/Clarke Shield. The children competed individually and as a doubles team to play games throughout the day.

Schools came from Parkes, Molong and Dunedoo to play our team and in the doubles section. We missed the semi finals by only 2 points.

### Team event

Game 1 – Holy Family 2 – both Jono and Jackson won

Game 2 – Holy Family 3 – Jono won, Jackson lost

Game 3 – Parkes East – Both boys went down

Game 4 – Parkes East 3 – Jono won, Jackson went down in a close game

### Individual

Jono – Bye first game, Lost second game 18-16

Jackson – lost first game 17-16

Both boys played exceptionally well and displayed wonderful sportsmanship.



*Jackson Beaudin and Jono Webb*

## Stage 2 Excursion - Wellington

In Week 9 of Term 3, Stage 2 participated in a fun filled excursion which started as a sleepover in the Forbes Public School Hall. The students brought their swags and sleeping bags and set up camp in the hall and enjoyed a movie on the big screen.

Pizza was served for dinner before heading to bed for an 'attempted' early start to make our way to Wellington Caves. The 'attempt' of an early night proved challenging as the sleepover resembled somewhat a meerkat encounter with students peering up to see who was still awake. Finally, our little meerkats fell asleep around 12am.

Up and at em' bright and early, staff and volunteers cooked a delicious bacon and egg roll breakfast for our Stage 2 students and their very tired teachers before boarding the buses. It wasn't too long before we had our first travel sickness victim on the Year 4 bus, closely followed by another 3 victims (and perhaps even a teacher!) The Year 3 bus went ahead strongly without any travel sickness!

We arrived at the Wellington caves after what felt like HOURS! and enjoyed a fantastic tour which the students were absolutely captivated by. We enjoyed a sausage sizzle cooked by Mr Butler and Miss Dukes before heading to the Lake Burrendong Arboretum where we were guided around an amazing flora display. The students got to smell some mint bush and couldn't believe how strong the scent was.

After our visit to the Arboretum, we quickly stopped off at a lookout to check out Lake Burrendong and learnt just how low the water percentage was which was quite eye opening!

We headed back to Forbes and made it home (without any travel sickness victims this time!)

We had a fantastic time and the students were perfectly behaved throughout the entire excursion. The staff who attended were very proud. Thank you to all the helpers both at the sleepover and also on the excursion to make it so successful.

Miss Hodge

Year 4 Teacher





# PBL REWARD TERM 3 CRAZY HAIR DAY!



AMAZING!









# Forbes Public School

# November 2019

Term 4	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 3	<b>October 28</b> Infants Sports Clinic	<b>October 29</b> Kinder Start 9am—12pm	<b>October 30</b> High School Transition	<b>October 31</b> Riding for the Disabled	<b>1</b> Kindergarten Excursion Stage 3 Swimming	<b>2</b>	<b>3</b>
Week 4	<b>4</b> Dream Cricket— Parkes Special ED	<b>5</b> Kinder Start 9am—12pm LEEP Maths/Science	<b>6</b> State Athletics Sydney RH Lytton Debating & Public Speaking	<b>7</b> State Athletics Sydney Newsletter LEEP Ag / TAS	<b>8</b> Assembly — 1L Stage 3 Swimming Whole school casual/ mufti day gold coin donation for fete items	<b>9</b>	<b>10</b>
Week 5	<b>11</b> Remembrance Day assembly 10.25am Victoria Park K—6 Infants Sports Clinic	<b>12</b> Kinder Start 9am—12pm	<b>13</b> High School Transition	<b>14</b>	<b>15</b> SPRING FAIR 5pm—8pm Stage 3 Swimming Magazine orders due	<b>16</b>	<b>17</b>
Week 6	<b>18</b> PBL Market Day	<b>19</b> Kinder Start 9am—12pm Riding for the Disabled Christmas Party—Young	<b>20</b>	<b>21</b> Newsletter Pre School Visit	<b>22</b> Assembly - KN <b>Swim School begins</b>	<b>23</b>	<b>24</b>
Week 7	<b>25</b> Infants Sports Clinic Special Ed Variety Xmas Party Excursion <b>Swim School</b>	<b>26</b> Kinder Start 9am—12pm Special Ed Variety Xmas Party Excursion <b>Swim School</b>	<b>27</b> <b>Swim School</b>	<b>28</b> <b>Swim School</b>	<b>29</b> <b>Swim School</b>		

# Spring fair

The background of the poster is a vibrant blue sky with soft white clouds. At the top, there are two colorful butterflies: a pink and blue one on the left and an orange and black one on the right. On the left side, there are white cherry blossoms with green leaves. At the bottom, there is a field of green grass with several white daisies. The text is arranged in a clear, hierarchical manner, with the event name at the top, the date in a pink banner, the ticket price in an orange box, and the prize details in a green box and a large hand graphic.

**FRIDAY 15TH NOVEMBER**

**HI - 5 HANDS - ONLY \$5**

**PURCHASE FROM THE TICKET BOOTH ON THE NIGHT**



**FOR JUST \$5,  
PURCHASE A  
HI - 5 HAND  
TO RECEIVE  
ALL ITEMS ON  
THE NIGHT!**



# Major Prize

**ENTER TO WIN**



**6m Gazebo  
2.4m Table  
Picnic Basket  
Centre Piece  
Esky  
Picnic Blanket  
Thermos  
Drink Bottles  
Chips**

**WORTH  
OVER  
\$1500**



**Spring fair**  
*Thank you to our sponsors*

**BUNNINGS**  
warehouse  
FORBES

**blue sky**  
outdoor experts  
Forbes  
Open 7 days

**Rick's Timber Works**  
& Custom Cubbies  
PREMIUM QUALITY  
2012

**SPOTLIGHT**  
FORBES

# Major Prize

**ENTER TO WIN**



**\$500 Quarry Voucher - \$100 Soils Voucher - Gloves  
Garden Cart - 2 Pairs Work Boots - Hose Pack  
Greenhouse - Rake - Fork - Hoe - Shovels - Spade**

**WORTH OVER \$1500**



**Spring fair**  
*Thank you to our sponsors*

**JACKSON'S**  
**HOME**  
TIMBER & HARDWARE  
GO WHERE THE TRADIES GO

**HOLMAN**

**REGIONAL**  
QUARRIES

**MONGREL BOOTS**  
AUSSIE BORN & BRED

**Denbies**  
GROUP

**SHERLOCK**  
LASTS LONGER

**OUTBACK**  
SOILS

**TORO** Australia



WHAT CAN WE DO  
TO BE HEALTHY AND HAPPY...

# GO4FUN ONLINE



Go4Fun  
MAKE  
HEALTHY  
NORMAL



JOIN TEAM  
GO4FUN  
HEALTHY, ACTIVE, HAPPY

## What is Go4Fun Online?

Go4Fun Online is a FREE 10 week program for children aged 7-13 who are above a healthy weight and their families.

The program provides information and support to improve eating and physical activity habits.

There are 10 online sessions and a weekly phone call from a trained and qualified coach to help keep you on track.

Go4Fun Online is for families in NSW who are unable to attend the face to face version of the program.

Get involved and start collecting your weekly tokens and prizes!



To register or find out more:  
**1800 780 900**  
**[go4funonline.com.au](http://go4funonline.com.au)**

powered by: **betterhealth**  
company.org

SHPN: (CPH) 170584



# AQUA FITNESS

## CLASSES FOR WOMEN

**Starting Tuesday 5<sup>th</sup> November 2019**

**Tuesdays and Thursdays for 6 weeks**

**Time: 9.00am – 10.00am**

**Venue: Forbes Town Pool**

**Cost: \$ 4.50 pool entry, Class Free**

**Child minding Service for children 5 years and under**  
(at Youth and Community Centre, Battye St. Gold coin donation)  
*Infants and children will need to be registered to Maree Yapp at*  
*[email: maree.yapp1@det.nsw.edu.au](mailto:maree.yapp1@det.nsw.edu.au) or phone 68 503008*

**To Register:** Registrations will be taken anytime during the 6 week period. Registration is needed for both participants and any children.

**Further Info:** Contact Denise or Jane  
Forbes Community Health Centre  
6850 7305 or 6850 7310

**Email:** [denisehopkins@health.nsw.gov.au](mailto:denisehopkins@health.nsw.gov.au) or  
[jane.omalley@health.nsw.gov.au](mailto:jane.omalley@health.nsw.gov.au)

