

Issue No 19 2019

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Megan Staples
Principal

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Forbes Public School Newsletter

"Maintaining A Tradition of Excellence"



This fortnight has been filled with all the excitement that comes with anticipating and reaching the 1st of December. While teaching and learning remains at the forefront of all we do, it has been exciting to watch the students and teachers working together on class Christmas trees for entry in the 9th Forbes Rotary Ipomoea Christmas Tree Festival.

Swim School continues to be a huge success, and by all accounts our students are making improvements each day, gaining water confidence, and developing their skills in the water.

Our whole school ninja challenge proved to be a hit with the students as they tested their agility on a novelty course that included lots of fun activities such as balancing, sprinting, jumping and the popular tyre pulling. A great day was had by all and a huge thanks must go to Gecko Sports and Mrs Stitt for their organisation of the event.

We are looking forward to welcoming the school community to our annual presentation evening next Wednesday at the High School Hall where we will celebrate our year of education at Forbes Public School.

Have a great fortnight!

Meg Staples
Principal

Special Achievement and Merit Awards

Congratulations to Riley Neilsen and Claudia Hodder who each received a Special Achievement award at our assembly on Friday, 22 November.

The following students received a Merit Certificate at their morning assembly.

Lily Ball	KN	Bethany Baxter	1B
Indy Maynard	1B	Josie Townsend	1L
Lachlan Henry	1L	Hamish Whitty	1L
Leo Gharib	2A	Stella Bull	3A
Jackson Beaudin	3A	Lani Breheny	3A
Annabelle Dwyer	3H	Ava Kearney-Pallister	3H
Jacob Cheney	3H	Dylan Bray	4K
Riley Neilsen	4K	Abbey Fuge	4M
Ben Boyd	5I	Claudia Hodder	5/6G
Sam Schrader	6D	Charlie Gallagher	3/6C
Claudia Carstairs	K/6M		

Last day of Term is Wednesday, 18 December 2019

Forbes Public's Got Talent

Children have been busy practising for our Annual Talent Quest.

The Talent Quest will be held on Monday, 16 December at 9.30am in the RH Lytton OAM Memorial Hall.

Parents and friends are most welcome to attend.

If you have any queries please contact Miss Gersbach or Mrs Boyton.



Presentation Night

Our 2019 Annual Presentation Ceremony will be held in the Forbes High School Hall on Wednesday, 11 December beginning at 6.30pm. Doors will be open from 6.15pm.

All students are asked to attend as we formally recognise the achievements of our students over the past twelve months and announce our student leaders for 2020.

Students are asked to be in full school uniform for this occasion. To ensure students are looking their best, **Wednesday will be a casual day at school.**

What's On

Monday, 9th December

Year 6 Farewell

Forbes Services Memorial Club at 5.30pm

Tuesday, 10th December

Parent Helper Breakfast

7.30am—9am

Wednesday, 11th December

Presentation Evening

Forbes High School Hall at 6.30pm

Monday, 16th December

Talent Quest in the

RH Lytton OAM Memorial Hall at 9.30am

Tuesday, 17th December

Class Parties

2020 Classes announced

Wednesday, 18th December

Last day of Term 4

The following students will receive a Principal's Pen or Pencil

KN

Ellie Leonard

Anakin Zammit-Woods

Leo Dwyer

Emma Currey

KW

Jarrold Thornton

Ivy Skinner

Lauren Coffee

Zayden Davis

1L

Maxy Mulley

Lucy Fairley

Evie Amor

3A

Indigo Francis

Mani Tapine

Thomas Vonthien

Mia Bryant

3H

Zack Williams

4M

Angus Van Der Weiden

5I

Iris Walker

Stirling Francis

Chloe Little

Tylah Bond

Arahya Hill

Daiine Gavin

Adelaide Langham

Emily Speer

Tyler Jelbart

Myah Clark

5/6G

Will Boyton

6D

Bella Bond

Kye Kennaugh

Aaliyah Petuha

Ellie Milton

Reminder to Parents and Carers

Our school asks for **medical information** when you enrol your child. It is very important that you let us know if your child's health care needs change or if a new health condition develops, so as we can update our records.

Please also remember to notify the school office of any changes to your **family circumstances, contact details** or to the contact details of other people nominated as **emergency contacts**.

We appreciate your assistance in this regard and assure you that any information you provide to the school will be stored securely.



Stage 2 & 3 Items for 2020

In preparation for an exciting new year ahead, we ask that students please bring in the following items, **clearly labelled with their name**. This will enable them to have a great start to the year in 2020.

Stage 2 and 3 (Years 3, 4, 5, 6)

- * 5 HB pencils
- * 2 of each Blue, Black and Red Pens (only years 4, 5, 6)
- * 30cm Ruler (no metal or bendy ones)
- * Erasers
- * Glue sticks (at least 6-8 large)
- * 1 set of Coloured Pencils
- * 1 set of Highlighters
- * 1 Pencil Sharpener
- * Textas (optional)
- * 2 A4 Homework books (covered)
- * Scissors
- * 2 boxes of tissues
- * Headphones or earphones (Year 5, 6 – Stage 3 only)
- * Paint shirt (old shirt)

Learning Centre at JRV

On Thursday, 21 November, students from K/6M, 2/6C and K/6F visited the residents at Jemalong Retirement Village. The students greeted the residents in the main room and handed out handmade Christmas cards. Everyone took the time to sit and talk with residents before lining up to sing Christmas carols.

The residents all commented on how well the children performed and how they always look forward to us visiting.

We would like to say a special thankyou to JRV for providing students with sandwiches and drinks and to our volunteer bus driver John Howarth for his time and making such excursions possible.



L-R - Jett Smith, Claudia Carstairs, Bianca Colvin, Kaedyn Greene, Bradan Mugridge, Noah Johansson, Jamaraki Ware, Jonah Butler

RDA Christmas Party

On Tuesday, 19 November students from K/6M and K/6F travelled to Young for the final time this year, to attend the RDA Christmas Party.

All of the volunteers hosted students and staff from Primary and Secondary schools in Young as well as our contingent from Forbes Public School. They provided a delicious BBQ lunch and smorgasbord of sweet foods which all in attendance greatly enjoyed. Students were also very fortunate to receive a small present from Santa who made an appearance.

Each participant received an achievement certificate for their improvement throughout the year and a number of our students were lucky to be awarded medals as major award winners.

Bianca Colvin received Most Improved Rider and Bradan Mugridge took out Most Improved Carriage Driver honours.

Congratulations to all of the award winners and each student for their excellent efforts and behaviour during riding sessions.

Many thanks to the staff at Forbes Public for their ongoing commitment to this very beneficial program.

Lastly a HUGE thanks to the volunteers at Young RDA Centre and our bus drivers John Howarth and John Schrader who give their time each fortnight to allow our students to take up this wonderful opportunity.



Bianca Colvin—Most Improved Rider
Bradán Mugridge—Most Improved Carriage Driver

Assembly Awards

The following awards were presented at the school assembly held on Friday, 22 November.

6D	- Sam Schrader	- Excellent work in Maths
	Bella Bond	- Following our PBL values
5/6G	- Amelia Behan	- Always upholding our school PBL values
	Reece Matheson	- An outstanding effort in Maths
5I	- Emily Speer	- Consistent effort in all areas
	Tylah Bond	- Working hard to write interesting poems
3/6C	- Charlie Gallagher	- Positive attitude in all learning activities
4M	- Zara Bruem	- Always being a kind and helpful class member
	Brodie Brown	- Working hard in all areas
4K	- Alex Reid	- Working hard with Miss South
	Audrey Walker	- Following our PBL values
3H	- Jamarah Ryan	- A great start at FPS
	David Monro	- A responsible attitude in Literacy and Maths groups
3A	- Thomas Vonthien	- Showing kindness towards others
	Krystal Bray	- Improvement when working in groups
2G	- Alice Currey	- Fantastic enthusiasm in all classroom activities
	Lucy Bush	- Always upholding our school PBL values
	Jaylyn Davis	- Always being a kind and helpful class member
1L	- Henry Halls	- Trying his best in Reading
	Josie Watson	- Being a kind and caring classmate
1B	- Van Parry	- Impressive work with rhyming words
	Harry Williams	- A huge improvement in Reading
KW	- Janayah Ryan	- A positive start to her new school
	Jack Bull	- Being a kind and thoughtful friend
KN	- Lucas Chen	- Great work in Mathematics
	Grace Fuge	- Using sounds to write and read words

KN Assembly Report

We had great fun performing our assembly item, which was inspired by the book 'I got this hat'.

We had hats from miners, Eskimos, bike riders and even Vikings just to name a few. We sang and danced to a song all about hats. We loved it!



Whole School Ninja Challenge

On Tuesday, 3 December 2019 Forbes Public School hosted a whole-school Ninja Challenge. The day was run by Geoff Palmer from Gecko Sports, Young.

This annual event celebrates a successful year utilising the \$200 Million Australian Government's **Sporting Schools Grants**.

This year we used their grant money for the Term 2 Primary Athletics Clinics run by Ernie Sluiter (Accredited Coach from Dubbo) and the Term 4 Infants Fundamental Movement Skills Clinics run by Geoff Palmer (Gecko Sports, Young).

We are privileged to have strong community partnerships like these to improve the sporting outcomes for all FPS students and provide valuable professional development for all FPS teachers.

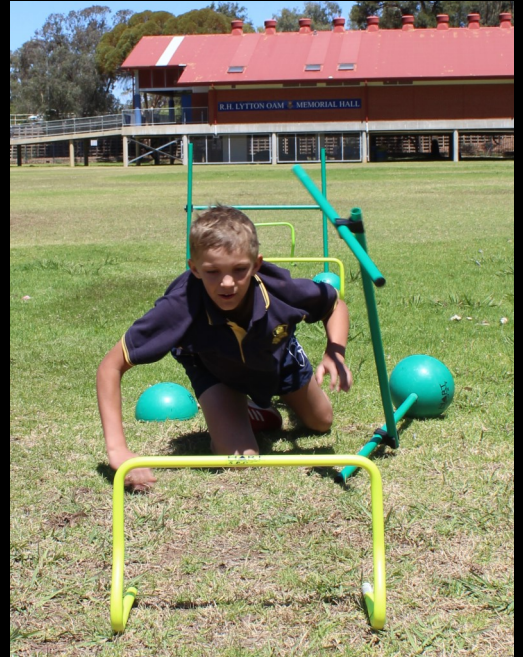
We look forward to more Sporting Schools Grants in 2020.

The winners for the 2019 Ninja Challenge were:

Kindergarten Boy	-	Jack Bull	Kindergarten Girl	-	Eila Duggan
Year 1 Boy	-	Kaiden Sydenham	Year 1 Girl	-	Indy Maynard
Year 2 Boy	-	Jono Webb	Year 2 Girl	-	Jaylyn Davies
Year 3 Boy	-	Laine Jackson	Year 3 Girls	-	Hannah Boyton
Year 4 Boy	-	Liam Kearney-Pallister	Year 4 Girls	-	Audrey Walker
Year 5 Boy	-	Reece Matheson	Year 5 Girls	-	Louie Hodder
Year 6 Boy	-	Lachlan Alley	Year 6 Girls	-	Lola Morrison
Learning Centre	-	Billy Parker			

Congratulations to all students for a fun day. Well done to all winners.





7 Top Tips for Healthy Families

1. GET ACTIVE EACH DAY

Regular physical activity is an important part of getting healthy and staying healthy. Do something active everyday!



3. EAT MORE FRUIT AND VEGETABLES

Eat a variety of fruit and vegetables to make up 2 serves of fruit and 5 serves of veggies each day. Participating in **Crunch n Sip** or in a fruit break at school is a great way to do this!



5. EAT FEWER SNACKS AND CHOOSE HEALTHIER ALTERNATIVES

Healthy snacks in between main meals help kids meet their daily nutritional needs. Make sure the lunch box is filled with healthy fruit n veg snacks.



2. CHOOSE WATER AS A DRINK

Drinking water is the best way to quench your thirst. Even better, it doesn't come with all the sugar and kilojoules found in fruit juice drinks, soft drinks and sports drinks.



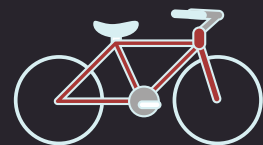
4. TURN OFF THE SMALL SCREENS AND GET ACTIVE

Spending too much time using or watching small screens can mean being less active and choosing unhealthy snacks while you watch TV....turn it off and get active after school!



6. ACTIVE TRAVEL

Walk, scoot or ride to school! Families who live a long distance from school can 'Park and Walk or Ride'. And remember active travel is for the weekends too!



FOR FURTHER INFORMATION VISIT:

Healthy Kids website

<https://www.healthykids.nsw.gov.au>

Healthy School Canteens

<https://healthyschoolcanteens.nsw.gov.au>

Healthy Lunch Box ideas

<https://healthylunchbox.com.au>

7. CHOOSE EVERYDAY FOOD AT THE SCHOOL CANTEEN

If your school has a healthy canteen make sure you choose **everyday** food and drink items filled with fruit 'n veg.





Rotary Ipomoea Christmas Tree Festival.

Opens Fri 6th Dec 5pm, Sat 7th 9am -5pm, Sun 8th Dec to 3pm.

Entries for display to be at Town hall between 8am and 4pm
Friday 6th Dec.

Official opening.

Friday 6th Dec at 6.30pm

Forbes Town Hall.

Christmas cake and punch and amazing
Christmas tree delights!

Come and see over 100 amazing entries
made by our community.

\$5 entry for adults.

Children 0-12 are free. PH Helen 0427 201 445