



Forbes Public School Newsletter

"Maintaining A Tradition of Excellence"

Issue No 4 2020

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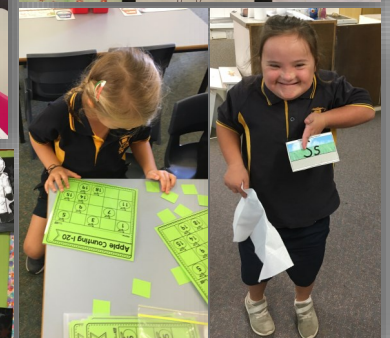
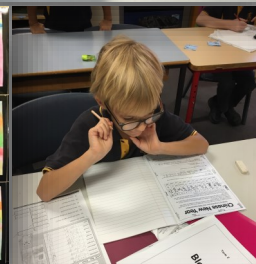
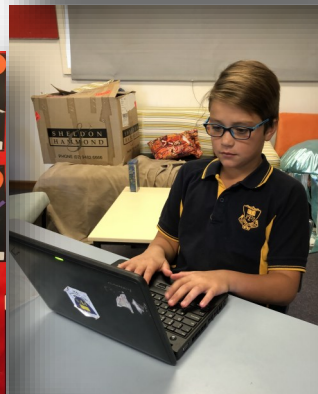
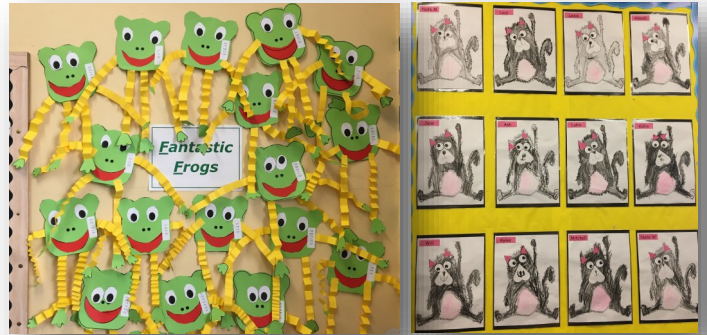
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Megan Staples
Principal

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Learning has continued to be a main focus at Forbes Public School over the last fortnight. We thought we would take this opportunity to show some of our students' great work.



Student Awards

The following students will receive a
Principal's Pen or Pencil

| | |
|------------------|-------------------|
| KN | 5/6D |
| Kallie Trainor | Rebecca Moxey |
| 3/4A | 5/6W |
| Kallum Brown | Cruz McMahon |
| Lani Breheny | Reece Matheson |
| 4H | Ollie Scott |
| David Monro | Ben Boyd |
| 5/6G | Marcus Colvin |
| Aidee Thomas | K/6M |
| Stirling Francis | Claudia Carstairs |
| Millie Crowley | Jyhlán Warhurst |
| Hydee Fairley | Noah Johansson |
| Liam Fraser | Bianca Colvin |

Heave Ho Off We Go Visiting Show

On Wednesday, 4 March, students from K-6 enjoyed the visiting show Heave Ho Off We Go.

This hilarious performance was brought by Allan the pirate, who used magic to engage his audience. We saw a juggling routine, followed with illusions such as card tricks, disappearing animals and drawings that came to life. He challenged the students to use their imagination, problem solving and thinking skills to work out what actually happened.

Our hall was filled with laughter from the beginning to the end of the performance. With lashings of humour and one wise cracking toucan it made for a great show!



Drumming Group

A Community Arts Support program grant brought some drumming workshops to Forbes, coordinated by Maree Yapp from Birth to Kinder. An eager group of teachers from Forbes Public School, joined Maree and other people who work with young children in our community, in four weekends of intensive drumming workshops.

Within our school community, Ms Henderson, Mrs Stitt, Mrs Boyton, Mrs McLuckie, Miss Patterson, along with a parent volunteer, Chantel Enslow and two scripture volunteers, Alison McCleary and Elyse Boehringer, took part in this amazing drumming experience. They are now equipped to develop and share their skills with the wider community and the benefits are far reaching.

Teacher Rob Shannon shared his wonderful skills and experience and says he's seen rhythm and percussion improve concentration and listening skills for young people. He explained to us how drumming activates both sides of the brain by requiring equivalent use of both right and left hands and that it also develops maths skills, saying that, "Rhythm is noisy maths for kids".

Within our school context we envisage sharing these skills so that our students can benefit musically mathematically, and also anticipate sharing the fun of drumming with others in community events such as the River Arts Festival.

Drumming has also been found to be helpful in improving mental health and mindfulness in children (and adults) because anyone can learn the rhythm patterns, and of course, it's fun!



Back Row L—R:
Maree Yapp, Trish Henderson, Chantel Enslow,
Kathy Patterson, Ineke McLuckie,

Front Row L—R:
Katie Stitt, Rob Shannon (instructor), Jo Boyton

Cricket Report

On Tuesday, 10 March the boys and girls cricket teams went to the Botanical gardens to play against Forbes North Public.

The boys team won the toss and Captain, Marcus Colvin, elected to bat. The boys all batted really well with Reece Matheson and Stirling Francis retired at 40. Marcus, Maddox Bruem and Liam Fraser chose to retire to give their team mates a bat. The boys finished with a very impressive 245.

The bowling was as equally impressive with 10 of the boys bowling and only allowing 27 extras. The boys were able to bowl all of the batters out for just 49.

The girls team lost the toss and were sent into the field.

Zara Bruem, Emma Rippon and Louie Hodder all took wickets. All of the girls had a bowl and they were able to restrict Forbes North to just 57.

The girls innings was off to a horror start with Steph Vonthien bowled out in the first over. Annabelle Dwyer, Bella Henry and Zoe Fraser made great contributions to the total, however, Zara and Emma dominated with the bat. The girls finished 4/107

All members of the cricket teams are to be commended on their outstanding sportsmanship.

Well done and good luck in the next round.



Back Row L—R: Zara Bruem, Chloe Little, Tess Worland, Bella Henry, Emily Speer, Louie Hodder

Middle Row L—R: Emma Rippon, Steph Vonthien

Front Row L—R: Laura Chudleigh, Rosie Hurford, Annabelle Dwyer, Zoe Fraser

AFL—Paul Kelly Cup

On Wednesday, 4 March the boys and girls AFL teams travelled to Orange for the annual Paul Kelly Cup Gala Day.

The boys played three games. They were very competitive in all of their games, winning one against Mulyan Public School and narrowly losing their last two games to McCauley Catholic School and Assumption Catholic School.

The girls played four games on the day. They were also very competitive winning two games against Canowindra Public School and Bletchington Public School and losing two narrowly to Assumption Catholic School and Orana Heights Public School.

Both Teams had a fantastic day in Orange and displayed great sportsmanship. Well done!



Back Row L—R: Jackson Beaudin, Zara Bruem, Tyler Jelbart, Shane Moxey, Audrey Walker, Amelia Behan, Tilly Townsend, Rebecca Moxey, April Bermingham, Zoe Fraser

Middle Row L—R: Hydee Fairley, Iris Walker, Myah Clark, Hollie Stavleu, Ruby Marsden, Ellie Pointon, Matilda Stitt, Adelaide Langham, Faith Paahi, Steph Vonthien, Chloe Little

Front Row L—R: Drake Steele, Max Coote, Jack Marsden, Will Watson, Jakieal Ware, Dylan Bray, Aidee Thomas, Reece Matheson, Lockie Adams, Ollie Scott, Brock Maynard, Maddox Bruem



Back Row L—R: Jack Schrader, Stirling Francis, Marcus Colvin, Tyler Jelbart, Maddox Bruem, Thomas Livermore (back), Liam Fraser

Front Row L—R: Jackson Beaudin, Brock Maynard, Snow Hodder, Will Watson, Reece Matheson

Assembly Awards

The following awards were presented at the school assembly held on Friday, 6 March 2020

| | | | | |
|------|---|-------------------|---|--|
| 5/6D | - | Jessica Johansson | - | Improvement in Maths |
| | | Tyler Jelbart | - | Applying himself in all areas |
| 5/6G | - | KC Austral | - | Always displaying the school PBL values |
| | | Taylor Collits | - | Always trying her hardest in Maths Groups |
| 5/6W | - | Abbey Fuge | - | Always trying her best |
| | | Cruz McMahon | - | An excellent attitude towards reading |
| 3/6C | - | Eli Sallaway | - | Terrific effort in Reading |
| 4H | - | Logan McMahon | - | Excellent handwriting |
| | | Ruth Whitty | - | Excellent application to all tasks |
| 3/4A | - | Maddie Payne | - | Working hard in all areas |
| | | Wade Goldsmith | - | Working hard in Maths |
| 3K | - | Abby Rout | - | Commitment to learning |
| | | Dallas Burbage | - | Working hard across all areas |
| 2G | - | Kailey Moxey | - | Improvement and working hard in Writing |
| | | Eddie White | - | Consistently working hard in all areas |
| 2WH | - | Indi Radburn | - | Always trying her best in all areas |
| | | Leo Legg | - | Being a respectful and responsible student |
| 1A | - | Stella Morris | - | Trying her best at all times |
| | | James Gamble | - | Improving the quality of his artworks |
| 1B | - | Lily Ball | - | Always being a respectful class member |
| | | Daivik Patel | - | Super Spelling results |
| KN | - | Sadie Dooley | - | Fantastic reading |
| | | Mitchell Gartner | - | Being a responsible and respectful student |
| KG | - | Cruze Hill | - | A positive start to Kindergarten |
| | | Charlee Collits | - | Being a positive and kind friend |
| KD | - | Jack Pointon | - | Being a kind and respectful friend |
| | | Molly Browne | - | Trying hard in phonics |

5/6D Assembly Item

On Friday, 6 March 5/6D hosted the whole school assembly. Our item looked at Australian exploration and some of the key people in Australian history. We looked at some games children would play in colonial times and the dances they would have performed.

We then looked at today's society and how we depend on technology for games and dance.

We performed the heel and toe polka and the git up dance.

We would like to congratulate Stephanie Vonthien who received a Blue and Gold Banner. Steph and her parents will enjoy an afternoon tea with Ms Staples at a later date.



PSSA Tennis Trials

On Wednesday, 11 March 2020, Stirling Francis and Laura Chudleigh represented Forbes Public School in the Western PSSA Tennis Trials.

Stirling and Laura demonstrated great sportsmanship and skill; they were both successful in making it into the finals on the day. Unfortunately, Stirling missed out in being selected for the Western Team.

Congratulations to Laura who was selected as a reserve for the Western Team.



Western PSSA Swimming Trials Friday, 13 March 2020

Twenty Forbes Public School students represented the Lachlan PSSA Swimming Team on Friday, 13 March in Dubbo.

Our swimmers performed outstandingly and made our region very proud.

Congratulations to:

Tess Worland

| | |
|---------------------|-----------------|
| 100 metre Freestyle | 2 nd |
| 50 metre Freestyle | 2 nd |
| 50 metre Butterfly | 2 nd |
| 50 metre Backstroke | 3 rd |
| Senior Girls Relay | 2 nd |

Jakieal Ware

| | |
|-----------------------|-----------------|
| 50 metre Freestyle | 1 st |
| 50 metre Butterfly | 1 st |
| 50 metre Breaststroke | 2 nd |
| Senior Boys Relay | 3 rd |

Special mention must be made of swimmers who just missed out on a place in the Western Team going to Sydney. The following students narrowly came 4th in their events; Max Pointon (50 metre freestyle), Louie Hodder (50 metre breaststroke), Rosie Hurford (50 metre backstroke) and the Junior Boys Relay Team (Jackson Beaudin, Will Watson, Thomas Vonthien, Snow Hodder).

Three out of our 4 relay teams made it through to the State Swimming Titles in Sydney. This is remarkable for a school in a town the size of Forbes with no all-year-round pool facilities.

Congratulations to the Junior Girls Relay Team (Willa Turner, Annabelle Dwyer, Ruby Coote, Rosie Hurford) who came 3rd.

The Senior Girls Relay Team (Louie Hodder, Matilda Stitt, Steph Vonthien, Tess Worland) who came 2nd.

The Senior Boys Relay Team (Maddox Bruem, Stirling Francis, Reece Matheson and Jakieal Ware) who came 3rd.

This took our State Swimming Team to 12. This is a huge record for our school and a 50% increase on last years results when 8 students were selected. No other school in the Lachlan Region had 3 out of 4 teams qualify for state. Behind us was Dubbo Public School who had 2 qualify. This is very impressive and says a lot for our local swimming clubs and for our town in general, not to mention our AWESOME school.

Thank you again to Juliet Hodder, Felicity Worland and Nick Turner who volunteered to help Mrs Stitt train the team.



Tess Worland



Jakieal Ware



Senior Boys Relay Team: Maddox Bruem, Jakieal Ware, Reece Matheson, Stirling Francis



Senior Girls Relay Team: Matilda Stitt, Steph Vonthien, Tess Worland, Louie Hodder



Junior Girls Relay Team: Annabelle Dwyer, Willa Turner, Rosie Hurford, Ruby Coote

Forbes Public School took part in vegetable week and The Big Veggie Crunch on Wednesday, 4th March. We joined hundreds of schools across NSW to try to break the record for the most students crunching vegetables on the same day.

VEGETABLE
WEEK



THE BIG
VEGIE
CRUNCH

The Australian Dietary Guidelines recommend eating a variety of vegetables every day. Vegetables should make up a large part of your daily food intake, and they're encouraged at every meal - breakfast and snacks too! Only about 6% of children eat enough vegetables. To improve this, Forbes Public School are increasing children's knowledge, exposure and positive attitudes towards vegetables.

During vegetable week, students across our school enjoyed crunching things like sticks of carrot, celery and cucumber, cherry tomatoes and snow peas. We are encouraging students to continue to increase the amount of vegetables they eat...and crunch and sip is a great time to do this!



**LACE UP AND GET READY FOR
A LAUGH, IT'S TIME TO**

**GET YOUR
RACQUET
ON!**

OPEN COURT SESSIONS



**NO SKILL, NO RACQUET,
NO MATES REQUIRED.**

Forbes Tennis Club

Starts Friday 20th March 6pm to 8pm and runs each fortnight

\$10.00 per person / \$20.00 per family (includes BBQ)

2-20 Church Street, Forbes

Text Peter Clifton on 0403 335 205

Email forbestennisclub@gmail.com or

BOOK NOW AT

play.tennis.com.au