

Forbes Public School Newsletter

14th August 2023

Term 3 Week 4



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Weeks 3 and 4 at Forbes Public School have been filled with plenty of fun and opportunity! Education week at Forbes Public School was eagerly anticipated by our school community again this year with the Book Fair, held on Monday 31st July, followed by the annual Book Week Character Parade, Open Classrooms, Family Picnic and Disco which was all held on Wednesday the 2nd August. The Highlight of Education Week was the Book Week Parade, followed by open classrooms, a family picnic and after-school disco. Staff and students brought characters to life, parading a variety of colour, and well thought out themes in front of our school community.

Healthy Harold also proved to be a fantastic opportunity for students to meet the famous Giraffe and learn about how to keep ourselves safe and healthy.

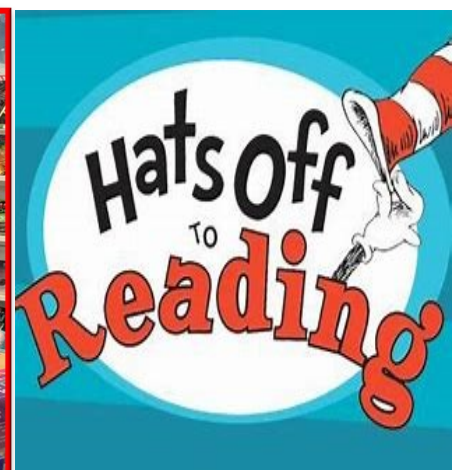
A huge thank you to Bunnings for coming to school and workshopping with our staff and students how to make compost as part of our whole school sustainability project.

The Forbes Shire Council provided year 5 students across our Forbes educational community the chance to join in on Local Government week activities. These activities included interacting with other schools to engage in activities at the new tourist information centre.

Tennis Clinics continue this week, and have been a huge success with students having lots of fun. Congratulations to the school tennis team who won the Todd Woodbridge Cup in Parkes, their sportsmanship, competitiveness and stamina throughout the day is to be commended.

The Lachlan girls Primary World Cup Soccer promotion day was held at the Forbes Botanical Gardens. This opportunity provided our girls soccer team with plenty of exposure to soccer skills, games and the chance to mix with other schools, ending the day with an acknowledgement of participation, medal ceremony.

The Lachlan athletics carnival was held on Friday in Parkes and proved to be a sunny day of competition and sportsmanship. Results will be published shortly, with all students displaying a high calibre of skill and determination, representing our school with pride. Well done everyone!



Student Commendation Awards
The following students will receive a
Principal's Pen or Pencil

KA

Lex Townsend
 Jaxon Hoy
 Shanelle Colvin
 Jack Fuge

KJ

Jordan Fazldeen
 Arlie O'Connor
 Liddia Mcanulty
 Maison Irwin-Gray

1A

Angus Bembrick
 Gemma Markham
 Alecia Wiegold
 Jacoby Sawyer
 Jack Little
 Finley Butler
 Rosie Coates
 Chase Mackay
 Bryce Wilcox

1R

Madi West
 Eric Churchill
 Frankie Hogben
 Kelsey Lee
 Tilly Whitty
 Sonny Newcombe
 Rosie Bell
 Evie Sutton
 Lincoln Molloy
 Arlo Jones
 Callie Fazldeen
 Zoe Stephenson
 Laurence Gordon
 Alice Gorman
 Louie West
 Airlie Lennane
 Jimmy Madge

2WH

Oliver Currey
 Mollie Flick
 Chase Smith
 Wyatt Hearn
 Haddie Bentick
 Macey Schrader
 Lucy Webb
 Sylvie Coates
 Primrose Walker
 Bimmy Demosthenous

3/4BK

Nellie Collits
 Hugh Halls
 Declan Hurford
 Lucas Brakenridge
 Lola Quirk
 Xavier Wilcox
 Alia Zuliani

Molly Browne
 Mitchell Apps
 Sadie Dooley
 Shaun Gartner
 Kaitlyn Rankmore
 Nate Whitty

Lucy Rout
 Lexie Hoy
 Sativa Gavin
 Cameron Webb

3/4M

Jakaylia Ware
 Jane Currey
 Caitlyn Eagles
 Charlee Collits
 Penny Gordon
 Charlie Acheson
 Ash Sinclair

5/6B

Hamish Whitty
 James Haynes
 Indigo Radburn
 Emmett Blake
 Emily Greig
 Milly Ridley
 Tilly Demamiel
 Isabella Spice
 Willa Turner
 Abby Rout
 Axel Hill
 Anderson McMahon
 Locky Veigel
 Dylan Coady

5/6K

Mac Morris
 Chelsea O'Connor
 Elsie Walker
 Maggie Dooley
 Jayce Edmonstone
 Jaz Bruem
 Anya Garton

2/6S

Sophia Angrave

5/6M

Chelsea Rankmore
 Edie Price
 Grace Fairley
 Sophie Nightingale
 Eddie White
 Bethany Eagles
 Josie Watson

2/6C

Jaylyn Davis
 Chad Wiegold
 Tom Fuge
 Jett Smith
 Brilee Olney
 Jonah Butler

K/6M

Kyson Mcanulty
 Dustin Bray

K/6HP

Claudia Carstairs
 Aleeah Radburn

K/6F

Vinnie Wright
 Kiara Usher
 Karym Mitchell

PBL

This term, students are working towards a Mufti Clothes Day, by following our PBL values of being responsible, safe, and respectful.



Flood Recovery Student Support

Paula Brayne, our Student Support Officer, is trained in the delivery of Stormbirds. This small group program supports children and young people to adapt to experiences of change, loss and grief resulting from natural disasters.

Stormbirds creates a safe place for children to practise new ways of thinking and responding to the change and loss that occurred in their lives as a result of the recent floods.

If you and your family were affected by the floods and you think your child may benefit from additional support, please contact the school and Paula will get in touch with you to discuss the program.

This program is available to students who attend Forbes Public School, regardless of the impact of the floods for your child(ren), whether major, minor, direct or indirect. A flyer can be found at the end of the newsletter.



Life Education Van

Thank you to all who supported our annual Life Education Van, Healthy Harold Visit.

We look forward to his visit again in 2024!



PBL focus

Our whole-school Positive Behaviour for Learning focus is speaking politely to each other.



Stage 2 Lake Burrendong Excursion

From Wednesday, 19th July until Friday, 21st July, 94 Stage 2 students visited Lake Burrendong Sport and Recreation camp as part of the flood recovery program offered by the Office of Sport.

The children spent 3 days at camp participating in a variety of activities including archery, BMX riding, fencing, grass skiing, orienteering, pedal carts, survival skills and bush craft. Everyone on the camp (including the teachers) had a wonderful time and were very grateful to experience such a wonderful excursion offered.

Some highlights from the trip would be riding through the mud on the pedal carts, hitting the target with an arrow, mastering grass skiing and playing some fantastic games against each other and the teachers.

Thanks must go to the Office of Sport for providing our students with a fantastic excursion.



Office
of Sport
Sport & Recreat

Assembly Awards

The following awards were presented at the school assembly held on Friday, 28th July 2023

5/6B	- Dylan Coady	- An awesome start to Term 3
	Josie Watson	- Great fluency and expression when reading
3/4P	- Layla Phillips	- Trying hard in Maths
	Kallie Trainor	- Always trying her best in all areas
3/4M	- Grace Fuge	- Excellent participation in class discussion
	Joe Pellow	- Consistently following PBL values
3/4D	- Jack Bull	- Displaying a responsible and positive attitude
	Sadie Dooley	- Bring a positive energy to all aspects of school
3/4BK	- Seth McDonald	- Working hard to complete work independently
	Ruby Lidster	- Showing curiosity about new topics
2WH	- Macey Schrader	- Excellent Maths recall
	Emilie Buckanen	- A great start to FPS
2B	- Levi Reeves	- Improvement in writing
	Audrey White	- Thoughtful contributions to class discussions
1R	- Charlie Constable	- Improved effort and attitude in literacy
	Eric Churchill	- Great understanding of place value
1A	- Isabel Teale	- Always following classroom expectations
	Fraser Wythes	- Always trying his best
KJ	- Dakota Newham	- Improvement in learning her tricky words
	Matilda West	- Working hard to complete work independently

Multicultural Perspectives Public Speaking 2023

Students took part in the Multicultural Perspectives Public Speaking Competition this term.

Abby Rout spoke about Sport being a Game changer. Lexi Millerd spoke about Creating Connections and Jane Currey spoke about Sport bringing us together .



Congratulations to the three girls for representing our school in Public Speaking, unfortunately none of the girls made it through to the next level this time, but they should be commended on their efforts and speech delivery.

The girls talked about the importance of respecting cultural differences and creating opportunities for children to learn about and make connections with cultures other than their own.

We look forward to participating in the competition again next year.

**Forbes Public School
Athletics Carnival Results**

100 Metre

8 Yr Girls

1st Mollie Flick
2nd Sophie Scott
3rd Macey Schrader

8 Yr Boys

1st Miles Turner
2nd Kobee Withers
3rd Cheyse Hoy

9 Yr Girls

1st Charlie DeMamiel
**Old Record - 16.60 Laura Chudleigh
2018. New Record - 16.15**
2nd Sadie Dooley
3rd Georgie West

9 Yr Boys

1st Ari Hogan
**Old Record - 15.41 M Spencer 2001.
New Record - 15.09**
2nd Ash Sinclair
3rd Jack Pointon

10 Yr Girls

1st Jayce Edmonstone
2nd Olivia Bell
3rd Emma Currey

10 Yr Boys

1st Jamaraki Ware
2nd Arlie Gunn
3rd Jack Bull

11 Yr Girls

1st Evie Amor
2nd Tilly DeMamiel
3rd Chelsea O'Connor

11 Yr Boys

1st Anderson McMahon
2nd Hamish Whitty
3rd Max Pointon

12 Yr Girls

1st Sophie Nightingale
2nd Abby Rout
3rd Jaylyn Davis

12 Yr Boys

1st Jono Webb
2nd Hendrix Gunn
3rd Will Northey

200 Metre

Junior Girls

1st Charlie DeMamiel
2nd Sadie Dooley
3rd Jayce Edmonstone

Junior Boys

1st Ari Hogan
2nd Ash Sinclair
3rd Jamaraki Ware

11 Yr Girls

1st Evie Amor
2nd Tilly DeMamiel
3rd Isabella Spice

11 Yr Boys

1st Hamish Whitty
2nd Anderson McMahon
3rd Max Pointon

Senior Girls

1st Sophie Nightingale
2nd Willa Turner
3rd Abby Rout

Senior Boys

1st Jono Webb
2nd Hendrix Gunn
3rd Eli Sallaway

800 Metre

Junior Girls

1st Charlie DeMamiel
2nd Sadie Dooley
3rd Ella-Rose Wright

Junior Boys

1st Leo Dwyer
2nd Jack Pointon
3rd Jack Bull

11 Yr Girls

1st Evie Amor
2nd Tilly DeMamiel
3rd Maggie Dooley

11 Yr Boys

1st Hamish Whitty
2nd Anderson McMahon
3rd Max Pointon

Senior Girls

1st Milly Ridley
2nd Grace Fairley
3rd Elsie Walker

Senior Boys

1st Hendrix Gunn
2nd Jono Webb
3rd Will Northey

Relay Winners

Junior Girls

1st Kurajong - Charlie D, Sadie D, Georgie W, Madi W
2nd Wilga - Jayce E, Sophie S, Emma C, Lola Q
3rd Grevillea- Mollie F, Macey S, Charlie A, Caitlyn E

Junior Boys

1st Kurrajong- Ari H, Jamaraki W, Arlie G, Jack B
2nd Grevillea- Jack P, Lucas C, Harry R, James G
3rd Mallee - Harry S, Seth M, Nate W, Miles T

Senior Girls

1st Grevillea - Evie A, Isabella S, Beth E, Milly R
2nd Kurrajong- Tilly D, Chelsea O, Abby R, Clarissa M
3rd Mallee - Sophie N, Willa T, Grace F, Indigo R

Senior Boys

1st Mallee - Anderson M, Hamish W, Eli S, George R
2nd Grevillea - Max P, Ezra T, Will N, Dallas B
3rd Wilga- Jono W, Maxy M, Eddie W, Kaiden S

FPS Athletics Carnival

High Jump

Junior Girls

- 1st Georgie West
- 2nd Jayce Edmonstone
- 3rd Lucy Rout

Junior Boys

- 1st Jamaraki Ware
- 2nd Ari Hogan
- 3rd Lucas Brakenridge

11 Yr Girls

- 1st Evie Amor
- 2nd Tilly DeMamiel
- 3rd Emily Greig

11 Yr Boys

- 1st Anderson McMahon
- 2nd Max Pointon
- 3rd Ezra Tulaga

Senior Girls

- 1st Sophie Nightingale
- 2nd Grace Fairley
- 3rd Alice Currey

Senior Boys

- 1st Lucius Brockway
- 2nd Jono Webb
- 3rd Eli Sallaway

Discus

Junior Girls

- 1st Madi West
- 2nd Charlie DeMamiel
- 3rd Gracie Robbins

Junior Boys

- 1st Leo Dwyer
- 2nd Van Parry
- 3rd Cameron Webb

11 Yr Girls

- 1st Sophia Angrave
- 2nd Evie Amor
- 3rd Leah Colvin

11 Yr Boys

- 1st Locky Veigal
- 2nd Max Pointon
- 3rd Hamish Whitty

Senior Girls

- 1st Grace Fairley
- 2nd Sophie Nightingale
- 3rd Alice Currey

Senior Boys

- 1st Eli Sallaway
- 2nd Archie Hogben
- 3rd Will Northey

Shot Put

Junior Girls

- 1st Madi West
- 2nd Abi Skinner
- 3rd Jakaylia Ware

Junior Boys

- 1st Xavier Wilcox
- 2nd Jamaraki Ware
- 3rd Van Parry

11 Yr Girls

- 1st Sophia Angrave
- 2nd Evie Amor
- 3rd Bethany Eagles

11 Yr Boys

- 1st Locky Veigal
- 2nd Anderson McMahon
- 3rd Max Pointon

Senior Girls

- 1st Grace Fairley
- 2nd Alice Currey
- 3rd Abby Rout

Senior Boys

- 1st Eli Sallaway
- 2nd Jono Webb
- 3rd Archie Hogben

Long Jump

Junior Girls

- 1st Charlie DeMamiel
- 2nd Georgie West
- 3rd Sadie Dooley

Junior Boys

- 1st Jack Pointon
- 2nd Jack Bull
- 3rd Jamaraki Ware

11 Yr Girls

- 1st Tilly DeMamiel
- 2nd Evie Amor
- 3rd Chelsea O'Connor

11 Yr Boys

- 1st Anderson McMahon
- 2nd Max Pointon
- 3rd George Rossiter

Senior Girls

- 1st Sophie Nightingale
- 2nd Abby Rout
- 3rd Indika Gavin

Senior Boys

- 1st Jono Webb
- 2nd Lucius Brockway
- 3rd Will Northey

1500 metre

Junior Girls

- 1st Sadie Dooley
- 2nd Ella-Rose Wright
- 3rd Stella Morris

Junior Boys

- 1st Ari Hogan
- 2nd Leo Dwyer
- 3rd Jack Pointon

11 Yr Girls

- 1st Evie Amor
- 2nd Maggie Dooley

11 Yr Boys

- 1st Hamish Whitty
- 2nd Anderson McMahon
- 3rd Max Pointon

Senior Girls

- 1st Milly Ridley
- 2nd Elsie Walker
- 3rd Alice Currey

Senior Boys

- 1st Hendrix Gurn
- 2nd Will Northey
- 3rd Jono Webb

Champion House

Kurrajong

Individual Champions

Junior Boy	-	Ari Hogan and Jamaraki Ware
Junior Girl	-	Charlie DeMamiel
11 Year Boy	-	Anderson McMahon
11 Year Girl	-	Evie Amor
Senior Boy	-	Jono Webb
Senior Girl	-	Sophie Nightingale



Lachlan Manson
Special Achievement
Award



Jonah Butler
Special Achievement
Award



Kallie Trainor
Special Achievement
Award



Isla Ball
Special Achievement
Award



Ezrah Tulaga
Blue & Gold Banner



Jaz Bruem
Blue & Gold Banner

Congratulation!

These students were all presented with major awards at our whole-school assembly on Friday



TODD WOODBRIDGE CUP WINNERS

On Monday 31 July eight Stage 2 students and their tennis coach, Peter Clifton, went to Parkes to participate in the Todd Woodbridge Cup.

This is a competition playing doubles with a modified court and balls.

Our FPS tennis team were the winners of this local part of the competition against five other Parkes primary schools and will next go to the Regional competition. Congratulations to all of the players and thank you to Peter Clifton for coaching the team!

PSSA Soccer Knockout

On Friday August 4 the boys and girls soccer teams participated in a series of knockout games at the Botanical Gardens in Forbes. The girls side showed great teamwork and sportsmanship throughout the day but unfortunately lost their first game to Forbes North to be knocked out of the competition. The boys skills improved as the day progressed. They beat Forbes North in the first game to progress to round 3 where they were victorious over Condobolin. The round 4 game was a close one against Parkes East. The boys dug deep and managed to run away with the win during the second half. The boys will now travel to Dubbo in week 7 where they will take on Cudgegong Valley in round 5 to see who will progress to round 6 for a semi final game against Buninyong. Good luck boys!



BASKETBALL KNOCK OUTS in WEST WYALONG

On Monday July 24 the FPS girls and boys basketball teams participated in games against Wyalong and West Wyalong. They had the opportunity of playing in a large stadium which added to the excitement and anticipation.

The boys played first against West Wyalong and held their own against the stronger team until around half time. Although the other team won, the boys put in an impressive effort overall and should be proud of their achievements. Well done boys!

The girls looked set for a great match against Wyalong and quickly learned new skills as they played the game, working really well as a team. Despite playing well, Wyalong was the stronger team on the day.

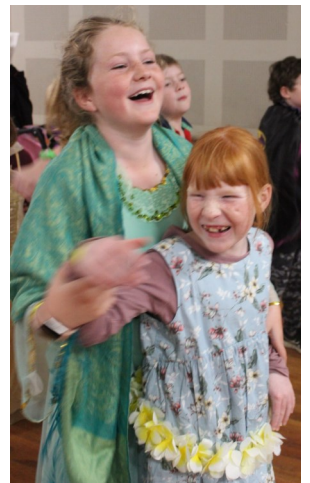
Kind regards,

Kathy Patterson



Character Parade 2023





Community Notices



positive partnerships

Working together to support school-aged students on the autism spectrum

FREE 1 Day Autism Workshop for Parents and Carers

Location: Parkes, NSW

Join other local families to learn more
about autism and ways to strengthen the
partnership between home and school

During the workshop you will learn about:

- The diversity of autism
- Understanding sensory processing
- Working together with your child's school

Morning tea and a light lunch will be provided



Tuesday 24th October 2023
9.15am - 3.00pm



Parkes Services & Citizens Club
9-17 Short Street
Parkes NSW 2870

SCAN TO REGISTER



Interpreters available upon request

For more information or to register visit
www.positivepartnerships.com.au or contact
Trish Nicoll at tnicoll@positivepartnerships.com.au



For help, call:
1300 881 971

This initiative is funded by the Australian Government Department of Education through the Helping Children with Autism package. The views expressed within this program do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.

Community Notices



come & play

at
Forbes Netball Association!
Sunday, 27 August 2023 | Halpins Flat, Forbes, NSW
Join us on Sunday 27 August for the Forbes Netball Association Gala Day!

1-12yrs participants

9am-10am

Former Australian Diamond, Susan Pettitt will run a special clinic for 7 - 12 year old participants (9am-10am). **This is a FREE clinic, but registrations are essential.** Please scan the QR and complete and your details ahead of the day.



Please scan the QR and complete and your details ahead of the day.

Gala Day

10:30am

Our Woolworths NetSetGO and Mixed Junior Gala Day will commence from 10:30am for all registered teams!

Cost: \$33 per team.

Registrations close on Friday 18th of Aug.
To register please email secretary.
forbesnetball@gmail.com
Players are also welcome to register as individuals and will be placed in a team.

13yrs and older

9:20am

Games for everyone 13yrs and older (all our Dads & daughters, Mums & sons, parent & player, carer & kids) are on offer too, and will commence on court from 9:20am. **Participation in these games are FREE,** and registration will be completed on the day.

Office of the Advocate for Children and Young People



For additional questions, contact Brooke Berg
bberg@netballnsw.com



Students interested in joining the FPS infants gala day team are encouraged to contact Lindsay Scott or email the school. Students must QR code their registration for the day.

All students in years 3 & 4 are encouraged to register via the QR code and teams will be made on the day.

Students in years 5 & 6 are encouraged to return their notes to Ms Staples or also email the school if interested in joining the Primary gala team by Wednesday 14th August.

Parents & Carers:

Overview of the 'Stormbirds' natural disaster program.

Stormbirds is a small group program that supports your child in understanding and managing the changes they experience as a result of a natural disaster.

"After participating in the Stormbirds programme the children have become less anxious and more open to expressing their feelings. The programme has helped relieve the trauma of this devastating event."

John Collis, Principal, Yarloop Primary School

SESSION 1:

Change, loss and natural disasters

Children will be getting to know each other and thinking about how the program relates to their life.

Group rules will be made.

Children will reflect on changes in their lives and learn that change and loss are part of life and normal to experience after a natural disaster.

SESSION 2:

Feelings and responses

Children will have an opportunity to identify some of their feelings associated with the change following the natural disaster.

Children will be given time to think about and carefully name their feelings. They will identify how feelings can affect their bodies and identify ways to attend to them.



SESSION 3:

Remembering good times and special places

Children learn about the importance of remembering special people, places, times and events. Children are encouraged to find hope through their memories and encouraged to think about who they could share their happy memory/memories with.

Children learn the importance of making choices that help them to grow in positive ways. Supporting children to make good choices is central to their social and emotional wellbeing. The choices they make affects their feelings and relationships with others.

SESSION 4:

Growing stronger together

Children have an opportunity to explore how the natural disaster has strengthened their community.

Children have an opportunity to review their learning and explore ideas about who and what can help them in times of difficulty.

Children and Carers will be asked to complete an evaluation form to give feedback about the group.

Children will help to plan a Celebration Session where they can celebrate the journey they have been on. Children will be given time to think about and carefully name their feelings. They will identify how feelings can affect their bodies and identify ways to attend to them.



IT TAKES A VILLAGE...



What is Permanency Support?

Permanency Support is about offering long term love and stability to vulnerable children and young people. Ideally this is with their birth and extended family, but where this is not possible, Veritas House works to pair children with foster carers who provide a safe, secure home, bearing the responsibilities of a parent, for however long a child may need care.

What are the types of Foster Care?



Our foster carers provide a range of different care types including immediate, short-term, respite, restorative care and guardianship, depending on what is in the best interests of the child or young person.

Who can become a carer?

People from all walks of life can apply to be a carer, regardless of their different backgrounds, beliefs, life experiences and family types. You must be an Australian citizen or a permanent resident in good health. You and your household will be required to pass a series of checks including Police and Working with Children Checks, and complete initial training prior to becoming authorised as a carer.



Do I have what it takes?



There is no such thing as the 'perfect carer'. Every carer is different, just as every child is different and we take time to pair carers and children accordingly. Regardless of your age, income, employment, marital status, or otherwise, your commitment to caring for a child and providing a safe home is what matters most. Children enter care for a myriad of reasons. Generally, they have experienced a degree of trauma through no fault of their own, which required intervention and removal for their own safety and wellbeing. If you have an understanding of the impact of trauma on a child and a willingness to learn more about this, you can make an incredible difference in a child's life.

Will I receive support?



Veritas House provides ongoing training, education and support to all of its foster carers, including help with maintaining birth family connection, a 24-hour telephone support line, some financial assistance and regular respite. Every child in care is paired with a dedicated caseworker who walks alongside them and their carer to provide practical and emotional support in a variety of different ways.

If you can give a child a safe and loving home and would like further information on becoming a Foster Carer, contact Veritas House.

1300 011 973
veritashouse.org.au

**Are you interested
in becoming a
foster carer?**



Are you able to provide a safe & nurturing home
to a child or young person?

If you would like further information on
becoming a Foster Carer with Veritas House, we
would love to hear from you.

Please scan the QR code to complete an enquiry
form and a member of our carer recruitment
team will be in touch soon.



Call 1300 011 973

email contact@veritashouse.org.au
or visit www.veritashouse.org.au

