



Forbes Public School Newsletter

19th September 2023

Term 3 Week 10



"Maintaining A Tradition of Excellence"



We end Term 3 this week and look forward to the warmer months ahead of us. We also look forward to creating opportunities next term for students to engage in our annual swim school and remind families that students can return in summer uniform. The Stage 3 Canberra excursion takes place straight after the school holidays, leaving Monday morning, 9th October and returning Wednesday, 11th October. There are some very excited students looking forward to this.

There has been much to celebrate over the last fortnight, including our Todd Woodbridge Cup Team winning the Regional Finals in Parkes last week. A huge thank you to all who have been involved, what a tremendous effort. Last Friday, 23 students represented our school at the Western Region Athletics carnival in Dubbo. There were roughly 75 events, 50 officials and over 1000 competitors, making the carnival a very special experience for all students competing. By all accounts, FPS students tried their best, displaying great sportsmanship and competitiveness and we congratulate everyone who participated and wish those off to State the very best of luck. The recent Handball and Hamburger evening proved to be lots of fun, and we thank all those who could join us.

This week we celebrate student recognition of our Positive Behaviour for Learning (PBL) values of being Safe, Respectful and Responsible. Overall, our students have displayed a very commendable commitment to our PBL values over Term 3, which has been celebrated with a whole school mufti day. Well done everyone.

A huge thank you to Mrs Stitt for her ongoing coordination of our yarning circle. Last week students met at the yarning circle to chat through themes and conversations, to support R U OK day. The day also included the opportunity for students to connect with buddy students as we engaged in activities that were peer lead, as primary and infants' students enjoyed working with each other in pairs and small groups.

Our Cultural Safety team will meet again on Thursday afternoon for the last meeting this term. A huge thank you to community members who have been able to take part in these meetings during Term 3, your contributions have been most appreciated. These meetings will continue over Term 4 every second Thursday at 3.30pm, everyone is welcome to attend.

On Tuesday evening, 5th September several staff members representing Forbes Public School travelled to Town Hall in Sydney to receive the Secretary's Award for School Achievement. The Hon. Prue Car was in attendance along with the Secretary of the NSW Department of Education Murat Dizdar. While all staff could not attend the event in Sydney, they watched a live stream of the presentation and enjoyed a meal together while celebrating the award in Forbes.



We were thrilled to receive such a prestigious award and are very proud to be the staff of Forbes Public School. We would also like to thank our School Community for their continued support of the learning, programs and opportunities created at Forbes Public School.

Have a wonderful break and we will look forward to seeing students return on Monday, 9th October.

Meg Staples - Principal

We are more than bricks and mortar we are community

**The following students will receive a
Principal's Pen or Pencil**

KA

Quinn Trotter
Kit Beard
Tommy Krakouer
Layla Grace
Audrey Price
Jack Hazell

KG

James Shields
Lilly Schrader
Imogen Smith
Chelsea Webb
Isla Rath
Elizah Redfern
Bronte Sheldrick
Emmi Hodge
Leo Goodsell
Maggie Walker
Lailani McGlashan
Toby Bush

KJ

Scarlett Dunn
Arlo Skinner
Dominic Colvin
Dakota Newham
Sophie Churchill

1A

Sam Webb

1R

Arlo Jones
Jimmy Madge
Zoe Stephenson
Darby Edgerton
Tilly Whitty
Airlie Lennane
Kelsey Lee
Evie Sutton
Madi West
Rosie Bell

Louie West
Jobe Sallaway

2B

Levi Reeves
Zach Dunford
Fletcher Morrison
Miles Turner

Audrey White

Olivia Gamble

Ruby Ridley

Sadie McConnell

Maxie Baxter

Clara Skinner

2WH

Alan Rossiter

Phoebe Smith

3/4BK

Georgie West

Jamaraki Ware

3/4M

Jakaylia Ware

Lauren Coffee

Delta Steele

Lahni Schrader

3/4P

Abby Lee

5/6K

Maggie Dooley

Mac Morris

Ezrah Tulaga

Abi Bembrick

Maddie Payne

2/6C

Eli Sallaway

Saxon Haynes

Tom Fuge

2/6S

Sophia Angrave

Laurence Gordon

PBL

Over the next week, we will be working hard to use the PBL values in classrooms by practising gratitude. In particular, we will be working on re-framing our thoughts to encourage a culture of appreciation and respect within our classrooms and on the playground.

We encourage our FPS families to discuss our PBL values (being Safe, Responsible and Respectful) and what they might look like at school and in all our games. At FPS, we appreciate the contributions and input from our community in making our school a wonderful place to play and learn.



Safe
Responsible
Respectful

Resilience Project

On Thursday, 7th September Forbes Public School students attended the Resilience Project at Forbes High School.

The Resilience Project was presented by former AFL player Martin Heppell. Students enjoyed the entertaining performance and learning about simple and practical tips that can be used every day to help improve wellbeing.



Stage 2 Todd Woodbridge Cup Regionals win!

After winning the Schools Zone competition in July, our Stage 2 Todd Woodbridge Cup tennis players participated in the regionals on Monday, 11th September in Parkes. The team played against schools from Parkes, Bathurst, Cowra, Grenfell and Orange regions.

This competition involves playing on a half court using larger tennis balls. Games are played in combinations of doubles and mixed doubles.

The team worked together to beat Perthville Public, Grenfell Public, Cowra Public and Canobolas Public to reach the semi-finals where they beat St Raphael's Catholic School in very close sets. They then progressed onto the play off finals against Kinross where they took out the win of the entire regional competition by only two points!

Each of the players received a medal with Ivy and Leo receiving good sportsmanship awards.

Thank you to Peter Clifton, Trevor, Katie Stitt, Kathy Patterson and all of the parents who attended on the day and finally, the most important of all, the incredible Stage 2 Tennis Team for their wonderful efforts!



Spread the awareness - R U OK? Day

R U OK? Day called on all of us to let people we care about know we're here, to really hear them. Forbes Public School took the time for R U OK? conversations and activities on Thursday, 14th September to genuinely listen and support those around us.

Students had the opportunity to join their buddy class for the afternoon with their teachers to engage in R U OK? group and buddy activities. These activities were a great chance for students to connect with others from different classes and build strong connections and support across the school.

All staff engaged in the have a Kit Kat and Chit Chat movement during recess and lunch breaks to check in on one another. This helped to spread awareness that a conversation could change a life and strengthen support across our school.

Thank you to all who participated in this National Day of Action where we were reminded that every day is the day to ask 'are you OK?'

Amber Avis
R U OK? Day
Coordinator



Forbes Show Entries 2023

Congratulations to all the students who had entries in the Forbes Show. The following children received places and ribbons for their work.

Kindergarten

Elizah Redfern	Drawing	1st
Esther Skinner	Mixed Media	3rd
Paige Taylor	Digital Art	3rd
Esther Skinner	Painting	2nd

Year 1

Rosie Bell	Drawing	1st
Sam Webb	Drawing	2nd
Angus Bembrick	Digital Art	2nd
Ava Sinclair	Mixed Media	3rd
Murphy Harrison	Painting	2nd
Lainee Currey	Painting	3rd

Year 2

Emilie Buckanen	Mixed Media	1st
Nixon Scott	Mixed Media	2nd
Miles Turner	Digital Art	1st
Sadie McConnell	Digital Art	3rd
John Brown	Drawing	2nd
Eliza Wythes	Painting	2nd
Audrey White	Painting	3rd

Year 3

Jorja Kemsley	Drawing	1st
Lahni Schrader	Drawing	2nd
Isla Ball	Mixed Media	1st
Lola Quirk	Digital Art	1st
Caitlyn Eagles	Painting	3rd

Year 4

Grace Fuge	Mixed Media	1st
Ivy Skinner	Digital Art	1st
Ivy Skinner	Painting	2nd
Livvy Bell	Painting	3rd

Year 5

Githmi Gamage	Painting	1st
Jaz Bruem	Painting	2nd
Githmi Gamage	Drawing	1st
Lexi Millerd	Mixed Media	1st
Josie Watson	Mixed Media	2nd
Tilly De Mamiel	Digital Art	1st
Kaiden Sydenham	Digital Art	3rd

Year 6

Willa Turner	Painting	1st
Chelsea Rankmore	Painting	2nd
Abby Rout	Painting	3rd
Grace Fairley	Mixed Media	2nd
Dallas Burbage	Digital Art	2nd

Special Education

Cylis Mitchell	Drawing	1st
MaeBelle Baxter	Drawing	3rd
Sophia Angrave	Tactile	1st
Eli Sallaway	Tactile	2nd
Dustin Bray	Tactile	3rd
Trace Gray	Paper Craft	1st
Brilee Olney	Paper Craft	2nd
Elias Acret	Paper Craft	3rd
Erin Walmsley	Painting	2nd
Kaiden Townsend	Painting	3rd

What amazing
results!



Assembly Awards

The following awards were presented at the school assembly held on Friday, 8th September.

5/6M	- Drew McGovern	- Being a valued member of 5/6M
	Rose Mayall	- Outstanding improvement in Reading
5/6K	- Jono Webb	- A positive attitude and showing kindness
	Elsie Walker	- A positive attitude and showing kindness
5/6B	- Anderson McMahon	- Writing an amazing information report
	Imogen Knight	- Outstanding improvement in handwriting
3/4P	- Cruze Hill	- Improvement in Reading
	Livvy Bell	- Consistent effort and achievement in all areas
3/4M	- Riley Stephenson	- Writing an interesting information report
	Ash Sinclair	- Working hard in times tables challenges
3/4D	- Mitchell Apps	- Enthusiasm and engagement in activities
	Cameron Webb	- Working well in Writing
3/4BK	- Jorja Kemsley	- Excellent work in Writing
	Billy Mayall	- Consistently working hard on all class tasks
2WH	- Kendall Chua	- Challenging herself to learn new maths strategies
	Billy Milton	- Excellent peer leadership during Maths lessons
2B	- Clara Skinner	- Consistent effort in all areas of learning
	Felix Griffiths-Reid	- Excellent contributions to class discussions
1R	- Sonny Newcombe	- Amazing Artworks
	Madi West	- Showing increased confidence and leadership
1A	- Laine Siemsen	- A cheerful and helpful attitude in the classroom
	Jack Litte	- Always contributing to class discussions
KJ	- Arlie O'Connor	- Fantastic effort with Forbes Show Art
	Scarlett Dunn	- Consistent effort in her small group Literacy sessions
KG	- Emmi Hodge	- Consistently displaying the school PBL values
	Chelsea Webb	- Improvement in Handwriting
KA	- Willa Thornton	- Excellent effort and improvement in Literacy
	Artie Spackman	- Improvement in Reading
K/6F	- Kiara Usher	- Completing work independently


September / October School Holidays!


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 WEEK ONE: SEPTEMBER	18 FISHING WORKSHOP	19	20	21	22 LAST DAY	23
24 TOWN POOL OPENS!	25 WEEK TWO: OCTOBER	26	27	28	29 OUTDOOR MOVIE NIGHT	30 CHILDREN'S THEATRE
1	2	3	4 CRAFT DAY	5 CREATIVE COMMUNITV CONCEPTS!	6	7 MAGIC FESTIVAL
8	9 BACK TO SCHOOL	10	11	12	13	14

Registrations are essential.
For more information contact The Events Team on 6050 2300 or at youth@forbes.nsw.gov.au
forbes.nsw.gov.au

ARE YOU A MALE CARING FOR A CHILD BETWEEN 3 AND 12 YEARS OLD?

JOIN OUR DADS TUNING IN TO KIDS GROUP

A FREE PARENTING PROGRAM FOR FATHERS AND MALE CARE GIVERS.

You will learn skills to:

- Help your child cope with frustration, sadness, anger, and worry
- Support your child to build their social and emotional skills
- Strengthen your connection with your child
- Manage the stress of parenting



If you would like to join a future group, please fill in the online form. We will then call or email you:
<https://forms.office.com/r/u7u7hud0ZX>

NSW Communities and Justice

Dads Tuning in to Kids

MEERBEEK

NOVEMBER FUNDED PROJECT



Community NAIDOC Celebration at the Wiradjuri Dreaming Centre

On Thursday, 7th September Forbes Public students enjoyed participating in the community NAIDOC celebrations at the Wiradjuri Dreaming Centre.



Hamburgers and Handball highlights!

At Forbes Public School we pride ourselves on authentic community engagement that promotes positive relationships of our parents, carers and community. We thrive on the opportunity to come together as a school community group and connect with each other, building strength within our school culture. Our Hamburgers and Handball community afternoon was no exception.

On Thursday 14th September we enjoyed an afternoon of handball at Forbes Public School with our community. We had over 140 participants putting their handball skills to the test and munching on hamburgers for dinner. This was an amazing event to bring our school community together and promote positive engagement of our parents and carers within our school. While there were no records broken everyone had an amazing time in the beautiful spring weather.

We would like to thank everyone who came along for the afternoon and encourage you to keep an eye out for our next event which will be held in Term 1 of 2024.

Amber Avis

Fathering Project Coordinator



2023 Summer TOUCH Competition

IMPORTANT INFORMATION:

National Membership

- ❖ You will note the reduction in competition fee's, this is to align to the NRL Touch Football Association's implementation of a the New National Membership which commenced on the 1st July 2023.
- ❖ Rather than Forbes Touch Association collecting and passing on this fee to NSW Touch, you will now be required to do this once a year via MySideline.
- ❖ When you go into MySideline to register into your first competition of the financial year, you will be prompted to pay a national membership fee of \$22. This will also enable you to register into as many competitions as you like irrespective of the touch club for the year without incurring this \$22 fee.

Refund of fees from the 2022 Touch Competition

- ❖ There were some Senior Teams and Junior Player's who rolled over their registration fee into the 2023 Touch season, however due to this unforeseen change of the new National Membership, we will need to refund all monies. Please email forbestouch@gmail.com name and bank account details to enable the refund. For senior teams, the money owed will be paid to the previously nominated team captain who will be responsible for redistribution.



forbes
TOUCH ASSOCIATION

Is a family-friendly atmosphere, making it an ideal choice for players of all ages.
Whether you want to introduce your children to the sport or participate with your family and friends, touch football offers an inclusive environment that promotes a place on the field for everyone.

REGISTRATIONS NOW OPEN

<https://profile.mysideline.com.au>

SENIOR COMPETITION

Men's | Mixed | Women's
(High School Aged and above)

\$450 per team

Register as a **TEAM**

JUNIOR COMPETITION

Primary School Aged

\$40 per player

Register as a **PLAYER** and

players will be allocated a team and team jersey.

FAMILY COMPETITION

Infant School Aged with up to two adults on the field to support

\$40 per player

Register as a **TEAM**

Monday evenings

Forbes Botanical Gardens

9th October to 4th December (plus a week of finals)

5:30pm to 7:30pm

MISSION AUSTRALIA EARLY CHILDHOOD NDIS PARTNER IN THE COMMUNITY

ARE YOU A PARENT OR CARER WITH A CHILD,
0-8 YEARS OF AGE, AND YOU HAVE NDIS
QUESTIONS?

QUESTION & ANSWER SESSION
22/09/2023
9.45AM - 10.45AM

Kindly hosted by Forbes
Preschool

Please rsvp to
frostl@missionaustralia.com.au



Delivering the NDIS in
your community

Free family fun with the Parliament of NSW

MONDAY 25–
THURSDAY 28
SEPTEMBER
2023 ONLINE

Welcome!

PROGRAMS FOR CHILDREN UP TO 12 YEARS

Meet the people of Parliament
Monday 25 September, 9.30–10.15 am

Virtual guided visit of the Parliament of NSW
Tuesday 26 September, 9.30–10.15 am

Henry Parkes' disastrous document dilemma
Wednesday 27 September, 9.30–10.30 am

Storytelling session with drawing activity
Thursday 28 September, 9.30–10.30 am

Visit Australia's oldest Parliament via ZOOM this school holiday for **free** fun educational, activities for children and their families.

We have 4 days of fun events planned including storytelling, a virtual guided chamber tour, a visit from Henry Parkes and an opportunity to meet the people of Parliament, all from the comfort of your home.

Strictly for children aged up to 12 years.



BOOK NOW



BOOKINGS ESSENTIAL

P: (02) 9230 2047

E: communityengagement@parliament.nsw.gov.au

**WHERE
ONLINE**

MORE INFORMATION

parliament.nsw.gov.au/events

Are you interested in becoming a foster carer?



Are you able to provide a safe & nurturing home
to a child or young person?

If you would like further information on
becoming a Foster Carer with Veritas House, we
would love to hear from you.

Please scan the QR code to complete an enquiry
form and a member of our carer recruitment
team will be in touch soon.



Call 1300 011 973
email contact@veritashouse.org.au
or visit www.veritashouse.org.au





IT TAKES A VILLAGE...



What is Permanency Support?

Permanency Support is about offering long term love and stability to vulnerable children and young people. Ideally this is with their birth and extended family, but where this is not possible, Veritas House works to pair children with foster carers who provide a safe, secure home, bearing the responsibilities of a parent, for however long a child may need care.

What are the types of Foster Care?



Our foster carers provide a range of different care types including immediate, short-term, respite, restorative care and guardianship, depending on what is in the best interests of the child or young person.

Who can become a carer?



People from all walks of life can apply to be a carer, regardless of their different backgrounds, beliefs, life experiences and family types. You must be an Australian citizen or a permanent resident in good health. You and your household will be required to pass a series of checks including Police and Working with Children Checks, and complete initial training prior to becoming authorised as a carer.

Do I have what it takes?



There is no such thing as the 'perfect carer'. Every carer is different, just as every child is different and we take time to pair carers and children accordingly. Regardless of your age, income, employment, marital status, or otherwise, your commitment to caring for a child and providing a safe home is what matters most. Children enter care for a myriad of reasons. Generally, they have experienced a degree of trauma through no fault of their own, which required intervention and removal for their own safety and wellbeing. If you have an understanding of the impact of trauma on a child and a willingness to learn more about this, you can make an incredible difference in a child's life.

Will I receive support?



Veritas House provides ongoing training, education and support to all of its foster carers, including help with maintaining birth family connection, a 24-hour telephone support line, some financial assistance and regular respite. Every child in care is paired with a dedicated caseworker who walks alongside them and their carer to provide practical and emotional support in a variety of different ways.

If you can give a child a safe and loving home and would like further information on becoming a Foster Carer, contact Veritas House.

1300 011 973
veritashouse.org.au